



PROVIDER ALERT

Dec. 15, 2021

Alert Summary: This alert provides details related to the Optum Idaho Transition-Aged Youth (TAY) Guide.

Dear Provider,

At Optum Idaho, our mission is to improve our members' access to care and focus on addressing the needs of our Idaho members. The Transition-Aged Youth (TAY) Guide is a new tool intended to support member access to care, and it is available to network providers, community stakeholders and youth members and their families. The goal of the TAY Guide is to provide information and resources that can be easily used by our members, providers and partners that work with youth to support a successful transition from youth Medicaid behavioral health services to adult Medicaid behavioral health services.

The TAY Guide provides information specific to:

- Resources and support for when a member is ready to apply for Medicaid
- Regional Medicaid contact information
- Behavioral health services
- Early Periodic Screening, Diagnostic and Treatment (EPSDT) process
- How to find a provider and questions to ask a provider
- The importance of self-advocacy and tools members can use

This guide is intended and written specifically for youth ages 17-18 years old who are moving from youth Medicaid behavioral health services into adult Medicaid behavioral health services. The TAY Guide content was written and designed utilizing youth voice, person-centered language and visual graphics to create a representation of Idaho and include considerations for readability levels.

The TAY Guide was collaboratively developed and reviewed by the Idaho Federation of Families, including five individuals representing the youth and family perspectives to authenticate the content.

Additionally, the TAY Guide has potential to support the 38,333 youth members who meet the criteria of TAY as they transition to adult Medicaid behavioral health services.

The TAY Guide is available at <https://www.optumidaho.com/> > Resource Library > Resources for Those Supporting Youth. Please feel free to share the TAY Guide with members you work

with. If you would like to request printed copies or if you have any questions, please email optum.idaho.education@optum.com.

Thank you,

The Optum Idaho Education and Training Team